



www.renuemd.com

912.280.9977



Double Trouble

A "double chin" can occur when the skin or muscle in the neck and/or chin loses its elasticity (or becomes lax) due to genetics, carrying extra fat, or aging. Treating a double chin depends on the cause of the double chin. When fat is the cause of the double chin, liposuction is usually the surgical treatment of choice. Coolsculpting is a nonsurgical treatment that uses a unique freezing technology to eliminate fat in the area and improve the appearance of lax tissue. If excess skin is a contributing factor, a neck lift may be required. Some people have a weak chin that can be corrected by tightening some of the muscles underneath the chin and on the front of the neck. Occasionally a combination of these procedures is required.

Ladies Nite!

Join Us on **Feb. 6th**
at our St. Simons Office



Win door prizes and take advantage of specials on Botox and fillers,
ZO skin care products and CoolSculpting packages!

Bring your friends & join us on Feb 6, 5:30 - 7pm at our St. Simons
office.

See You There!



**GET THE MOST
OUT OF YOUR
NEW YEAR'S
RESOLUTION.**

\$200 OFF*

 **coolsculpting®**

with your health club membership card.

*Limited Time Offer Subject to Change

Facial Rejuvenation: What Does it Really Mean?

Facial rejuvenation is a catch all term for procedures, treatments and products that can be used to achieve a younger appearance. Options include a myriad of procedures from chemical peels to face lifts, and the appropriate procedure depends on the individual. Aging can cause wrinkling of the skin, excessive skin and loss of volume or gravitational shifts of tissue beneath the skin. If the problem is excess skin, then non-

surgical procedures that do not remove excess skin may be inadequate. Common surgical options for facial rejuvenation include brow lift, upper/lower eyelid surgery (blepharoplasty), face lift, and neck lift. Brow lift and upper eyelid surgery may be covered by insurance if vision is impaired by the sagging brow/eyelids.

Laser skin resurfacing, or a laser peel, is a very effective way to achieve younger looking skin by reducing visible signs of aging in the face such as wrinkles, scars, and discoloration caused by sun damage. Laser skin resurfacing removes the outer layer of the skin (the epidermis) and heats up the dermis to stimulate growth of collagen fibers, resulting in tighter, firmer skin.

Nonsurgical treatments such as chemical peels, laser treatments, and adopting a skincare regimen using medical grade professional skincare products like ZO Skin Health, can improve the skin's tone and texture. Dermal fillers can correct moderate to severe wrinkles such as smile (or marionette) lines, shape or smooth the lip contour including lines around the mouth, and add volume to the mid face (cheek bones) to lift and smooth the skin. The results you get from fillers are temporary; however, longer lasting fillers are now available, such as Juvederm®'s Volbella, Vollure, and Voluma, which last from up to 12 months to more than two years depending on the filler.

Specials & Events

Get **\$200 OFF** CoolSculpting packages with your gym membership card

\$25 OFF PERFECT 10 & ZO STIMULATOR PEELS

\$50 OFF ZO 3-STEP PEELS

Jan 30th – CoolEvent in St Marys

Feb 6th – Renue Ladies Nite

Feb 8th – CoolEvent in Waycross

Feb 20th – CoolEvent in Brunswick

